



## Helpful Tips for Using Your CapTel Phone

### Hear More Clearly, Not Just Louder

In addition to making the volume louder, your CapTel phone can also boost the sound frequency to a range that you hear best, making it easier to distinguish voices over the phone.

- If it's easiest for you to hear men's deep voices (low-frequency sounds), set the Tone control to **low**.
- If you hear children's high-pitched voices better (high-frequency sounds), set the Tone control to **high**.
- If you hear well with moderate-level speakers (mid-range frequency sounds), leave the Tone setting at **medium**.



Take a moment to experiment with the different Tone settings to find a range that you hear best. The way you adjust the Tone setting depends on which CapTel model you have. Visit the Customer Service page at [CapTel.com](https://www.captel.com) for instructions.

### Join Us! Walk4Hearing Spring Events

Coming to a neighborhood near you! The Hearing Loss Association of America has announced dates for the 2022 Walk4Hearing events this spring. These outdoor events will be held in person again, with local health safety measures in place. Reconnect with old friends, share success stories, and learn about new technologies – all in support of raising hearing loss awareness! Please consider joining CapTel and HLAA in Stepping Up for Hearing Health. To find a Walk event near you, visit [Walk4Hearing.org](https://www.walk4hearing.org).

*CapTel is a longstanding sponsor of HLAA Walk4Hearing events nationwide.*



### CapTel in the Community

CapTel's support of the hearing loss community extends beyond telephones. Our team members across the country are active in their local communities, raising awareness, offering hearing loss support, and helping people make connections, including taking part in activities such as this recent Children's Theater production that incorporates American Sign Language (ASL) and vibrant visuals to speak to audiences of all hearing abilities. Look for CapTel team members in your community!

*Photo by Ross Zentner Photography*



#### 'Round the Clock Help

##### Just one button away

Help is available 24 hours a day, 7 days a week! (Excluding major holidays.)

#### To contact:

- Just press the blue button on your CapTel phone
- 1-888-269-7477
- 1-866-670-9134 (Spanish)
- Contact or chat with us!

#### Connect with us online



We encourage you to take advantage of alternative ways to reach CapTel Customer Service including live chat online. Additional tips and answers to common questions can also be found at [www.captel.com](https://www.captel.com).

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Have a CapTel story to share? Send it to [Newsletter@CapTel.com](mailto:Newsletter@CapTel.com). We'd love to hear from you!

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